# Physical Education

**Core reading**

Bevis,P & Murray,M. AQA AS Physical Education (2008) Nelson Thornes.

Wiggins-James, N., James. R. & Thompson, G. [AQA AS PE Student Book](http://www.amazon.co.uk/AQA-AS-PE-Student-Book/dp/0435499483/ref=sr_1_3?s=books&ie=UTF8&qid=1361183279&sr=1-3) (2008) Heinemann

Murray, M & Bevis, P. [AQA Physical Education A2: Student's Book](http://www.amazon.co.uk/AQA-Physical-Education-A2-Students/dp/1408500167/ref=sr_1_8?s=books&ie=UTF8&qid=1361183279&sr=1-8) (2009) Nelson Thornes

James, R. et al [AQA A2 PE: Student Book](http://www.amazon.co.uk/AQA-A2-PE-Student-Book/dp/0435499505/ref=sr_1_11?s=books&ie=UTF8&qid=1361183279&sr=1-11) (2009) Heinemann

**Revision Guides**

Burrows, S., Byrne, M. & Young, S. AQA AS Physical Education Student Unit Guide: Opportunities for, and the Effects of, Leading a Healthy and Active (2012)

Burrows, S., Byrne, M. & Young, S.[AQA A2 Physical Education Unit 3: Optimising Performance and Evaluating Contemporary Issues within Sport](http://www.amazon.co.uk/AQA-Physical-Education-Unit-Contemporary/dp/0340947861/ref=sr_1_20?s=books&ie=UTF8&qid=1361184178&sr=1-20) (2010)

### Roscoe, D., Roscoe, J. & Davis, B. [AS Revise PE for AQA: AS Level Physical Education Student Revision Guide AQA: Unit 1 PHED 1 and Unit 2 PHED](http://www.amazon.co.uk/AS-Revise-PE-AQA-Education/dp/1901424820/ref=sr_1_6?s=books&ie=UTF8&qid=1361183279&sr=1-6) (2012)

### Roscoe, D., Roscoe, J. & Davis, B. [A2 Revise PE for AQA](http://www.amazon.co.uk/A2-Revise-AQA-Dennis-Roscoe/dp/190142457X/ref=sr_1_7?s=books&ie=UTF8&qid=1361183279&sr=1-7) (2010)

**Additional Reading**

**A2 Exercise Physiology**

Walder, P. Mechanics and Sport Performance (1998) Feltham Press (1998)

Clegg, C. Exercise Physiology And Functional Anatomy (1995) Feltham Press

Cooper, C. [**Run, Swim, Throw, Cheat: The science behind drugs in sport**](http://www.amazon.co.uk/Run-Swim-Throw-Cheat-science/dp/0199581460/ref=lh_ni_t?ie=UTF8&psc=1) (2012)

**A2 Sports Psychology**

# Syed, M. Bounce: The Myth of Talent and the Power of Practice (2011)

# Coyle, D. The Talent Code: Greatness isn't born. It's grown (2010)

# Colvin, G. Talent is Overrated: What Really Separates World-Class Performers from Everybody Else (2008)

**A2 Contemporary**

Walsh, D. [From Lance to Landis: Inside the American Doping Controversy at the Tour de France](http://www.amazon.co.uk/Lance-Landis-Inside-American-Controversy/dp/034549962X/ref=sr_1_6?s=books&ie=UTF8&qid=1361184592&sr=1-6) (2013)

Hughes, T. [Tom Brown's School Days (Collins Classics)](http://www.amazon.co.uk/Browns-School-Collins-Classics-ebook/dp/B0095CWDQI/ref=sr_1_4?s=books&ie=UTF8&qid=1361184725&sr=1-4) (2013)

# Holt, R. Sport and the British: A Modern History (Oxford Studies in Social History)

# Bale, J & Christensen, M. Post-Olympism?: Questioning Sport in the Twenty-first Century (Global Sport Cultures)

Jamieson, L & Orr, T. [Sport and Violence: A Critical Examination of Sport: A Critical Examination of Sport Violence in the World](http://www.amazon.co.uk/Sport-Violence-Critical-Examination-World/dp/0750684054/ref=sr_1_1?s=books&ie=UTF8&qid=1361185038&sr=1-1) (2009)

**Daniel Coyle** (Author)

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**Websites**

AQA Website – Follow GCSE - PE - Key material – Question papers and mark schemes. Link below

http://web.aqa.org.uk/qual/newgcses/science/current/pe\_a\_materials.php?id=03&prev=03

GCSE Revision site

<http://www.bbc.co.uk/schools/gcsebitesize/pe/>

***Please also access the Gateway for a wide range of podcasts, links and presentations to help you with your studies.***

**Physiological areas**

www.pponline.co.uk

www.brianmac.co.uk

www.sport-fitness-advisor.com

www.getbodysmart.com

[www.innerbody.com](http://www.innerbody.com)

**Opportunities for participation areas:**

[www.sportengland.org](http://www.sportengland.org)

[www.wsf.org](http://www.wsf.org)

[www.disabilitysport.org.uk](http://www.disabilitysport.org.uk)

[www.sportingequals.org.uk](http://www.sportingequals.org.uk)

[www.youthsporttrust.org](http://www.youthsporttrust.org)

[www.thesportactionzone.org](http://www.thesportactionzone.org)

www.nc.uk.net